

Y2 Compete/Perform Compete against self and others.	Y2 Evaluate Watch and describe performances, and use what they see to improve their own performance.	Y2 Evaluate Talk about the differences between their work and that of others.					
	Y2 Jumping Choose the most appropriate jumps to cover different distances.	Y2 Jumping Know that the leg muscles are used when performing a jumping action.	Y2 Throwing Throw different types of equipment in different ways, for accuracy and distance.	Y2 Throwing Throw with accuracy at targets of different heights.	Y2 Throwing Investigate ways to alter their throwing technique to achieve greater distance.	Y2 Compete/Perform Perform learnt skills with increasing control	
Y2 Running Complete an obstacle course.	2Running Vary the speed and direction in which they are travelling.	Y2 Running Run with basic techniques following a curved line.	Y2 Running Be able to maintain and control a run over different distances.	Y2 Jumping Perform and compare different types of jumps: for example, two feet to two feet, two feet to one foot, one foot to same foot or one foot to opposite foot.	Y2 Jumping Combine different jumps together with some fluency and control.	Y2 Jumping Jump for distance from a standing position with accuracy and control.	Y2 Jumping Investigate the best jumps to cover different distances.
	Y2 Health & Fitness Recognise and describe how the body feels during and after different physical activities.	Y2 Health & Fitness Explain what they need to stay healthy.	Y2 Running Run at different paces, describing the different paces.	Y2 Running Use a variety of different stride lengths.	Y2 Running Travel at different speeds.	Y2 Running Begin to select the most suitable pace and speed for distance.	