

Powerstock CE VA Primary School PE & Sports Premium Plan for 2023- 2024 Proud To Be Active

Swimming National Curriculum Outcomes:

Percentage of the Year 6 cohort swim competently, confidently, and proficiently over a distance of at least 25 metres:

89% 89%

Percentage of Year 6 cohort use a range of strokes effectively:

Percentage of Year 6 cohort perform safe self-rescue in different water-based situations:

89%

Allocation for 2023-2024:

£16,531

Initiative	Description	Cost	Staffing	External coaching	Indicator	Impact
Proud to be Active: PE as a core part of the interventions programme	Contribution towards cost of additional HLTA / TA to deliver additional PE coaching targeting children requiring interventions	£4,000	PE HLTA	Ad hoc	Engagement of all pupils in regular physical activity	All children (particulary those with additional needs) are engaged with the PE curriculum and understand the importance of being fit and healthy for both their physical and mental health.
Proud to be Active: Forest School	Forest school provision	£4,500	Qualified forest school teacher	None	Profile of PE is raised across the school	Forest school is the second key part of Powerstock School's Proud to be Active approach to mental health and the positive impact learning outdoors can have on both mental and physical health. Pupils who may not necessarily lead in the traditional classroom setting can become leaders in the forest school setting leading to increased self esteem and confidence. This enhances psychological safety and belonging in school and translates to increased confidence and concentration back in class as evidenced via the individual case studies and Holistic Overview Picture (HoP) for each pupil.
Proud to be Active: KS2 Swimming lessons incl transport	Provision of swimming lessons for all of KS2 and additional swimming lessons for Year 6 if needed	£1,003	Class teachers, HLTAs and TAs	External swimming instructors for 2 groups, PE lead and HLTAs for entry level group	Broader experience of a range of sports	Swimming for the whole school plays the third key role of 'Proud to be Active' by ensuring that all pupils experienced swimming lessons and not just Year 6 for their national curriculum assessment. The investment the school chooses to make in swimming is critical as a life skill and is even more important given our coastal location. The impact of the 12 week programme was increased water confidence, swimming skills and life saving techniques.
Proud to be Active: KS1 swimming lessons incl transport	Provision of swimming lessons for all of KS1	£923	Class teacher, HLTA and TA	External swimming instructors and HLTA	Broader experience of a range of sports	A breadth of experience and water confidence in KS1 with some pupils having regular swimming lessons and others who experienced swimming for the first time ever. The impact was that all pupils were encouraged to try and all built their water confidence. The aim is to increase the number of pupils who meet the national requirements by the time they reach the end of Year 6.
After School PE Clubs	Half a term of KS2 PE club and half a term of KS1 PE club	£140	PE HLTA	After school PE clubs run b	Engagement of all pupils in regular physical activity	Good participation with a waiting list for KS2. Pupils developed increased skills and confidence leading to their taking part in inter school competitions using the skills and knowledge they had learnt.
Bikeability	Bikeability level 2 course for years 5 & 6	£0	None	External bikeability instructor	Engagement of all pupils in regular physical activity	Increased bicycle skills and confidence on how to handle a bike on the roads and to be in traffic.
PGL for Years 5 & 6	PGL residential activities experience for years 5 & 6	£1,391	Class teacher, HLTA and TA	PGL instructors	Broader experience of a range of sports	Children given an opportunity to try activites that they have never tried before. Overcome fear, gain confidence and display resllience. Foster independence.
Years 3 & 4 Dance Festival (cancelled at short notice)	Years 3 & 4 inter-school dance festival held at Freshwater in Burton Bradstock transport cost	£0	Class teacher, HT, HLTA and TA	None	Increased participation in competitive sport	The pupils benefitted from learning a dance routine, practising together as a team, focusing on timings and then taking part in a competition with other schools. This developed dance skills, confidence and team building. The competitive element of this festival made the desire to practise and improve much stronger for the pupils.

Football	Years 2 - 6 football lessons with external coach	£384	PE HLTA	External football coach	Broader experience of a range of sports	The use of a local field and the external coaching enables pupils to have the opportunity to learn football skills and encourage them to participate in local children's clubs. The role that football plays is to give the children experience of a broad range of sports.
Years 5 & 6 inter-school sports tournament (didn't take place)	Bus to Beaminster School for Years 5 & 6 sports tournament with pupils from the Beaminster School pyramid		PE HLTA and TA		Increased participation in competitive sport	
Netball Tournament at Colfox and Beaminster Schools - selected Yr 5/6 pupils	Bus transport to Colfox and to Beaminster	£45	PE HLTA	Colfox/Beaminster school staff plus sports leaders	Increased participation in competitive sport	Powerstock is taking part in an increasing number of inter-school activiites.
Friendly football match for selected Yr 5/6 pupils at Salway Ash School	Bus transport to Salway Ash School	£95	PE HLTA	Other school Teacher	Increased participation in competitive sport	Opportunity to take part in a friendly football match as Powerstock had not been entered into the Kenway Cup competition for a number of years.
Cross Country inter-school race	Bus to Beaminster School	£45	PE HLTA	Beaminster School staff and sports leaders	Increased participation in competitive sport	Chilldren took part in a cross-country event.
Equipment		£420			Profile of PE is raised across the school	New equipment purchased to support the Get Set 4 PE programme to ensure all pupils could access the equipment they needed to progress their skills in each discipline.
Multiskills at Colfox for KS1	Bus transport to Colfox for KS1 Multiskills event for Years 1 & 2	£60	Class Teacher, PE HLTA and TAs	Colfox PE staff	Broader experience of a range of sports	An opportunity for KS1 pupils to attend the secondary school and take part in a multiskills event with pupils from other schools. This creates a sense of belonging and team spirit.
Quad Kids at Colfox for Years 5 & 6	Bus transport to Colfox for Quad Kids competitive event for Years 5 & 6 (parents provided transport)	£0	PE HLTA and TA	Colfox PE staff	Increased participation in competitive sport	Another competition for Year 5 & 6 pupils to participate in utilising the skills they have developed during the academic year. Their results were celebrated at Celebration Assembly and the HLTA reflected on their team spirit, dedication and improved skills.
Whole school sports	Climbing at Seals Cove	£1,658	Class Teachers and TAs	Seals Cove Instructors		Brilliant opportuniry to try out the new climbing facility. Developed climbing skills, confidence, strength and resilience.
Golf for Yrs 5 and 6	Inflatable gol course brought to school	£333	Class Teachers and TAs	Golf Instructors	Broader experience of a range of sports	Opportunity for pupils to experience a sport most had never experienced before; a wow experience
Sailing for Years 5 & 6	Bus and deposits for Sail for a fiver experience for Years 5 & 6 at Weymouth & Portland Sailing Centre	£420	Class Teacher and TAs	Sailing coaches	Broader experience of a range of sports	Opportunity to experience a sport most had never experienced before. The impact was increased confidence, camaraderie and respect for the water.
Sports Days (KS1 and KS2)	Separate sports days for KS1 and KS2	£166	All staff	None	Increased participation in competitive sport	The traditional school sports days are a key part of the school sporting calendar and the pupils prepare for theses during the summer term. KS2 help the staff and support KS1 during the day and show leadership by helping them to build confidence and self esteem as they compete in front of parents.
Cricket for whole school	Chance to Shine cricket lessons for whole school	£0	PE HLTA	Cricket coach	Broader experience of a range of sports	
Minerva Trust membership	Membership of the Colfox school pyramid for competitive sports	£989	PE Lead and HLTA	Colfox PE staff	Increased participation in competitive sport	Minerva Trust membership allows our school to compete in the inter-school competitions. The experience of competing against other local schools helps build confidence and learn about healthy competition.
PE CPD for PE Lead and PE HLTA	Further CPD for staff to increase skills and knowledge	£0	HLTA		Increased knowledge & skills of staff	