



Powerstock CE VE Primary School PSHE Year A/B Curriculum Cycle

Year A		
BURTON (EYFS, Y1, Y2)		
Autumn Term	Spring Term	Summer Term
Me and my Relationships (Y1 theme) Understanding feelings, building friendships Valuing Difference (Y2 theme) Respecting differences	Keeping Myself Safe (Y1 theme) Recognising safe/unsafe situations Rights and Respect (Y2 theme) Understanding rights and responsibilities	Being My Best (Y1 theme) Developing healthy habits Growing and Changing (Y2 theme) Understanding growth and changes in the body
COGDEN (Y3, Y4)		
Autumn Term	Spring Term	Summer Term
Keeping Safe (Y3 theme) Online safety Me and my Relationships (Y4 theme) Building and maintaining friendships	Valuing Difference (Y3 theme) Respecting diversity Being my Best (Y4 theme) Setting personal goals, building resilience	Rights and Respect (Y3 theme) Understanding rights and responsibilities Growing and Changing (Y4 theme) Coping with changes
SEATOWN (Y5, Y6)		
Autumn Term	Spring Term	Summer Term
Keeping Safe (Y5 theme) Personal safety Me and my Relationships (Y6 theme) Healthy relationships	Valuing Difference (Y5 theme) Embracing diversity Being my Best (Y6 theme) Academic growth mindset, building resilience	Rights and Respect (Y5 theme) Understanding rights and responsibilities Growing and Changing (Y6 theme) Managing changes during puberty



Year B		
BURTON (EYFS, Y1, Y2)		
Autumn Term	Spring Term	Summer Term
Me and my Relationships (Y2 theme) Understanding feelings, building friendships Valuing Difference (Y1 theme) Respecting differences	Keeping Myself Safe (Y2 theme) Recognising safe/unsafe situations Rights and Respect (Y1 theme) Understanding rights and responsibilities	Being My Best (Y2 theme) Developing healthy habits Growing and Changing (Y1 theme) Understanding growth and changes in the body
COGDEN (Y3, Y4)		
Autumn Term	Spring Term	Summer Term
Keeping Safe (Y4 theme) Online safety Me and my Relationships (Y3 theme) Building and maintaining friendships	Valuing Difference (Y4 theme) Respecting diversity Being my Best (Y3 theme) Setting personal goals, building resilience	Rights and Respect (Y4 theme) Understanding rights and responsibilities Growing and Changing (Y3 theme) Coping with changes
SEATOWN (Y5, Y6)		
Autumn Term	Spring Term	Summer Term
Keeping Safe (Y6 theme) Personal safety Me and my Relationships (Y5 theme) Healthy relationships	Valuing Difference (Y6 theme) Embracing diversity Being my Best (Y5 theme) Academic growth mindset, building resilience	Rights and Respect (Y6 theme) Understanding rights and responsibilities Growing and Changing (Y5 theme) Managing changes during puberty

- **Adapt Activities:** Adjust activities based on current events or specific student needs.
- **Encourage Collaboration:** Promote partnerships between classes for shared learning experiences.
- **Engage Parents:** Share insights with parents to help reinforce the themes at home.
- **Facilitate Reflection:** Include regular opportunities for students to reflect on their learning and experiences.

This cycle provides a comprehensive framework for embedding the SCARF program, ensuring students develop crucial life skills while considering their developmental needs.