



Powerstock Primary School Step Out of the Ordinary

Bid for Funding from Public Health Dorset
Emotional Health & Wellbeing Through Physical Activity – A Whole
School Approach
November 2018

5 ZONES

Inspire

Build your
Body & Brain

Creative Play

Experiment

Recharge

Nature at the
Heart

School role
models
Local community
role models
National role
models
Inspirational
stories
Idea generation
Share Hygge
moments

Main Playground
Daily Mile
Trim Trail
Active Area
Build our Core

EY Garden
Mud Kitchen
Construct & Climb
Active Sensory
Corridor
Role Play Area
Creative Writing

Sensory Garden
Let's Experiment
Garden

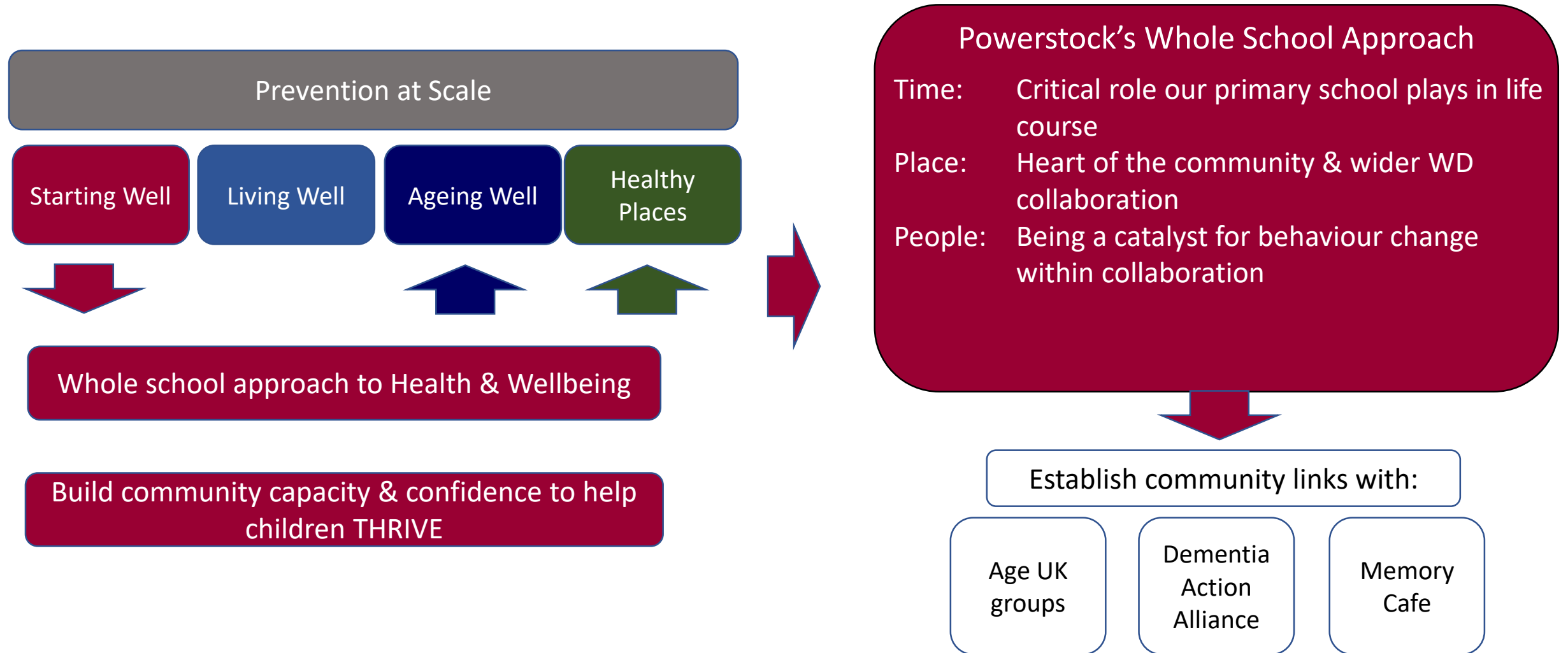
Quiet Garden
Story-Telling
Garden

Forest School
Hero the Horse
Chestnut Tree
Materials Area
Animal Visits Area



Storage for outdoor play areas / PE storage / Move of the day wheel

Linking our Whole School Approach to Dorset's Prevention at Scale Programme



Step Out of the Ordinary to Create 'Independent Happy Children'

Little moments of pride create positive independence & help children GROW

Everyday has endless opportunities for our children to be PROUD

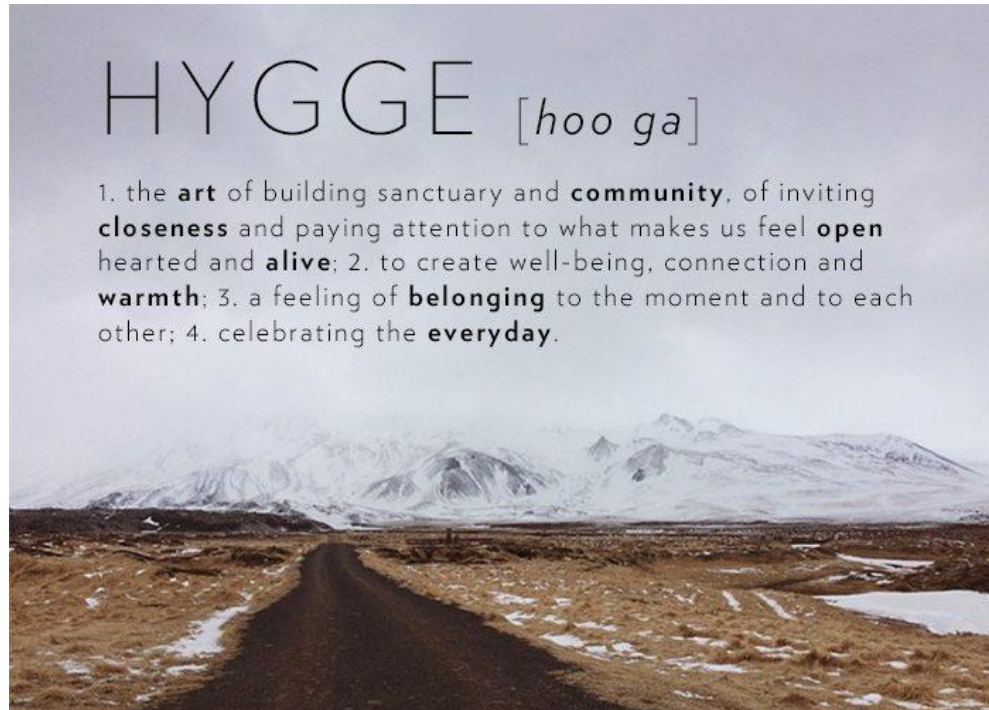


PROUD

The Power of YET

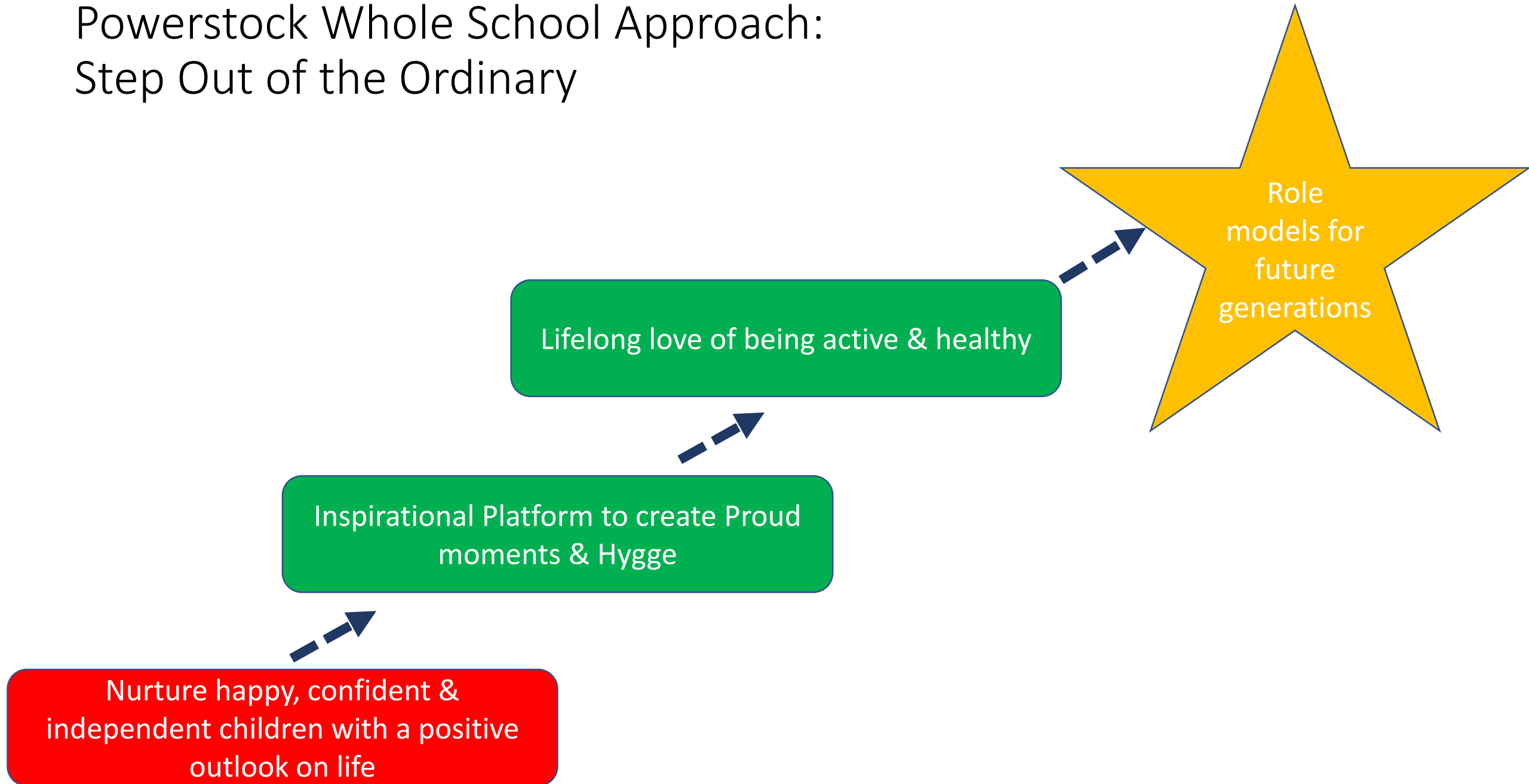
Being ACTIVE: stimulate physical & emotional wellbeing to have proud moments of achievement

Building on what we learned from Andy Cope



Being connected and belonging: at the heart of what we stand for as a school and linked to our Christian values

Powerstock Whole School Approach: Step Out of the Ordinary



Build your body & brain

Main playground
Daily mile
Trim trail
Active area
Build our core
area



Create:
All weather Daily mile course
New Trim Trail equipment
Safer bench for counters
New active learning counters e.g. alphabet
Move of the day spinner



New Playground markings
Artificial grass mat
Tarpaulin
Active seating area surrounding

Creative Play

EY Garden
Mud kitchen
Construct & Climb
Active Sensory
Corridor
Role play area
Creative writing
area



New EY garden



New Active Sensory corridor



Create:
Mud kitchen
Climbing & transverse wall
Construct & climb area
Forest school wellies storage



Transform this into:
Creative writing area
Role play area

Experiment

Sensory Garden
Let's Experiment
Garden



Current quiet garden to be divided into 3 areas:
Quiet garden
Story telling garden
Sensory garden

New Sensory garden with full sensory experience
Let's Experiment area for science



Recharge

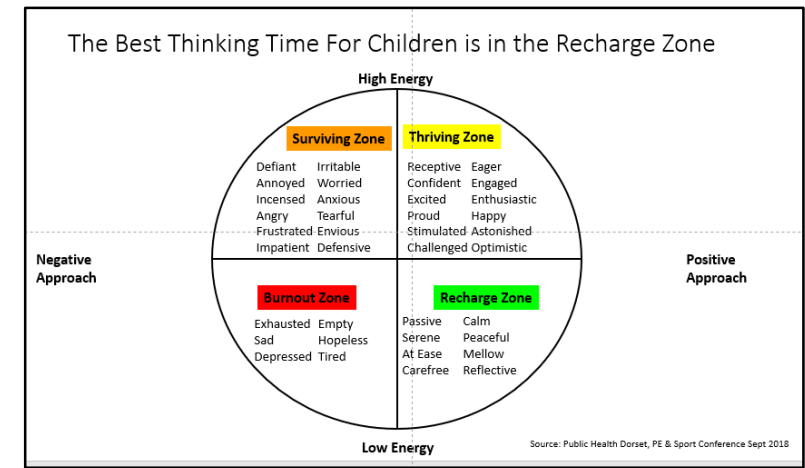
Quiet Garden
Story telling
garden



Current quiet garden to be divided into 3 areas:
Quiet garden
Story telling garden
Sensory garden



Quiet garden for reading,
thinking, relaxing and recharging



Story telling garden with
seating and a wooden chair
for story teller

Nature at the heart

Forest School
Horse chestnut
tree
Materials area
Animal visits area



Enhance Forest School area



Hero the Chestnut tree



Materials area for Forest School and creative play



Area for animal visits
New storage solution